

Daily Prayer for Lent

O Lord open my lips,
And my mouth shall proclaim your praise.

Blessed are you, God of compassion and mercy,
To you be praise and glory for ever!
In the darkness of our sin,
Your light breaks forth like the dawn
And your healing springs up for deliverance.
As I rejoice in the gift of your saving help,
Sustain me with your bountiful Spirit
And open my lips to sing your praise,
Father, Son and Holy Spirit:
Blessed be God for ever!

A psalm or song of praise:

A reading from Scripture:

O Lord, you are my God:
I call upon you all day long.
Lord, have mercy.

Rescue the weak and poor,
Deliver them from the power of the wicked.
Christ, have mercy.

Lord, my soul waits for you,
For my hope is in your word.
Lord, have mercy.

A time of free prayer

Most merciful God,
Who by the death and resurrection of your Son Jesus Christ
delivered and saved the world:
Grant that by faith in him who suffered on the cross,
I may triumph in the power of his victory,
Through Jesus Christ my Lord, Amen.

The Lord's Prayer

Bless the Lord, O my soul.
And all that is within me bless his Holy name.